

JAMAL MOHAMED COLLEGE (AUTONOMOUS)
Accredited (3rd Cycle) with 'A' Grade by NAAC
(Affiliated to Bharathidasan University)
Tiruchirapalli - 620020

PG & RESEARCH DEPARTMENT OF COMMERCE (SF-WOMEN)

We cordially invite you for the
Awareness Programme On
ENERGISE TO ELEVATE THROUGH YOGA

In View of
INTERNATIONAL YOGA DAY 2023

Date: 21st June 2023

Time: 3.00 pm

Venue: Commerce SF Seminar Hall

In the presence of the Management Committee

Janab.M.J.Jamal Mohamed Bilal

President

Hajee.M.J.Jamal Mohamed

Treasurer

Dr.A.K.Khaja Nazeemudeen

Secretary & Correspondent

Dr.K.Abdus Samad

Assistant Secretary

Dr.K.N.Abdul Kader Nihal

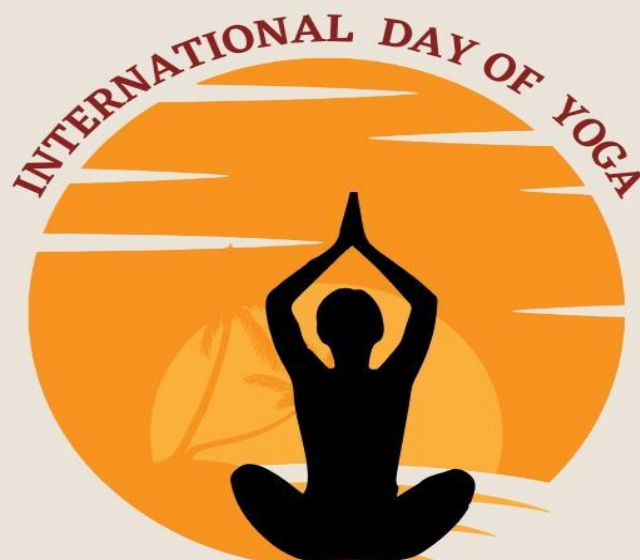
Member & Hon.Director

Dr. E. MUBARAK ALI

HEAD, PG & RESEARCH DEPARTMENT OF COMMERCE (SF-WOMEN)

Dr. S. MARIS SHINIA CLARISSIA

VICE PRESIDENT OF COMMERCE ASSOCIATION



21st June 2023



JAMAL MOHAMED COLLEGE (AUTONOMOUS)

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(Affiliated to Bharathidasan University)*

TIRUCHIRAPPALLI – 620 020

PG & RESEARCH DEPARTMENT OF COMMERCE (SF-WOMEN)

**IN VIEW OF CELEBRATING
INTERNATIONAL YOGA DAY
COMMERCE ASSOCIATION**

*Cordially invites you for the
Awareness Programme
ON*

“ENERGISE TO ELEVATE THROUGH YOGA ”

Date: 21st June 2023

Time: 3.00 pm

Venue: COMMERCE SF SEMINAR HALL

AGENDA

Qirath

**: H. HAANIYA HAKKIM
III B.COM-F**

Thamizhthaai Vazhthu

Welcome Address &

: DR.E.MUBARAK ALI

Introduction of the Chief Guest

Head, PG& Research Department of Commerce (SF)

Presidential Address

**: DR.S.ISMAIL MOHIDEEN
Principal**

Inaugural Address

**: Ms. A. FAMITHA BANU
Additional Vice-Principal & Associate Professor in English,
Jamal Mohamed College (Autonomous)
Tiruchirappalli- 620 020**

Felicitations

**: Dr.D.I. GEORGE AMALARETHINAM
Vice-Principal**

**Dr. A.J. HAJA MOIDEEN & Dr. A. ISHAQ AHAMED
Additional Vice-Principals**

**Dr.K. HALIMUNNISA
PART-V COORDINATOR & Associate Professor,**

**DR. A. MEHATHAB SHERIFF
Dean of Arts**

**Dr. S. VAHEETHA KFATHEEN
Dean of Science**

Vote of Thanks

**: Dr. S. MARIS SHINIA CLARISSIA
Vice-president of Commerce Association**



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INTERNATIONAL YOGA DAY
COMMERCE ASSOCIATION**

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ON

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Date: 21st June 2023

Time: 3.00 pm

Venue: COMMERCE SF SEMINAR HALL

Report

The PG & Research Department of Commerce (SF- Women) of Jamal Mohammed College (Autonomous) Tiruchirapalli, celebrated the INTERNATIONAL YOGA DAY on 21-06-2023, Wednesday at 3.00pm, by conducting an awareness program entitled “ENERGISE TO ELEVATE THROUGH YOGA”. DR. S. ISMAIL MOIDEEN, Principal presided over the function and offered his felicitations, DR. E. MUBARAK ALI, Head PG & Research Department of Commerce (SF) welcomed the gathering and introduced the Chief Guest. Ms. A. FAMITHA BANU, Additional Vice Principal and Associate Professor of English, enlightened the gathering on effectiveness of practicing yoga which is an artistic interpretation of body, mind and soul.

Over 250 Students from the final year UG and PG classes participated and got benefited out of it. Students demonstrated the various forms and postures of yoga. The audience were captivated by the various forms of Yoga Asanas. The atmosphere was filled with a euphoric excitement . Part-V Coordinator and Associate Professor of Commerce Dr. K. HALIMUNNISA, Dean of Arts. Dr . A. MEHATHAB SHERIFF and Dean of Science Dr. S. VAHEETHA KFATHEEN participated in the Awareness Programme and offered their felicitations. Dr. S. MARIS SHINIA CLARISSIA, Association Vice-President and Assistant Professor of Commerce proposed the Vote of thanks.

HEAD OF THE DEPARTMENT



H. HAANIYA HAKKIM of III B.COM F, reciting a few verses from the Holy Quran



Ms. A. FAMITHA BANU, Additional Vice-Principal & Associate Professor of English, enlightening the audience by inculcating the effectiveness of practicing yoga.



Tiruchirappalli, Tamil Nadu, India
QMPW+4CQ, Jamal Mohamed College Rd, Tiruchirappalli, Tamil Nadu 620020, India
Lat 10.785359°
Long 78.69596°
21/06/23 04:04 PM GMT +05:30



Dr. K. HALIMUNNISA, Part-V Co-Ordinator and Dr. S. VAHEETHA KFATHEEN, Dean of Science, offering their felicitations



A Glimpse of Honoring the Chief Guest Ms. A. FAMITHA BANU, Additional Vice-Principal



S. Mubeena Begum & H. Haaniya Hakkim of B.COM-F doing the Masters of Ceremony



Tiruchirappalli, Tamil Nadu, India
4, Kajamian School Complex, TVs Tollgate, Tiruchirappalli,

A Glimpse of the Audience attending the Awareness Programme

Dr. S. Maris Shinia Clarissia, Vice-president of Commerce Association proposing the Vote of Thanks



I. Rahimunnisa Begam of I B.Com G & M. Suhana of I B.Com H demonstrating the various postures of Yoga Asanas





Since 1951

JAMAL MOHAMED COLLEGE (AUTONOMOUS)

College with Potential for Excellence)
(Affiliated to Bharathidasan University)
TIRUCHIRAPPALLI - 620 020

PG & RESEARCH DEPARTMENT OF COMMERCE (SF- WOMEN)

INTERNATIONAL YOGA DAY CELEBRATION

COMMERCE ASSOCIATION AWARENESS PROGRAMME

TITLE : "ENERGISE TO ELEVATE THROUGH YOGA "
CHIEF GUEST : Ms. A. FAMITHA BANU
Additional Vice-Principal,
Jamal Mohamed College.
DATE & TIME : 21.06.2023 On Wednesday at 3.00 to 4.30 PM
VENUE : Commerce (SF) Seminar Hall

S.No.	Reg. No.	Name Of The Student	Signature
1.	21UC0443	T.B. ARSHIYA NAZ	J.B.
2.	21UC0453	A. Asma Banu	A. Asma Banu
3.	21UC0463	S. BATHUMITHA	S. Bathumitha
4.	21UC0460	M. Ayesha Siddique	M. A.
5.	21UC0464	R. Balkish Begam	R. R.
6.	21UC0472	M. BOOMIKA	M. B.
7.	21UC0465.	L. Banakath Nisha.	L. B.
8.	21UC0461	A. Anisha Ruwardha	A. A.
9.	21UC0462.	A. Baashema.	A. B.
10.	21UC0466.	A. Banveen Banu.	A. B.
11.	21UC0473.	S. Brindha.	S. B.
12.	21UC0468	k. Benazir	k. Benazir
13.	21UC0469	G.M. Bavithra	G.M. Bavithra
14.	21UC0470	Bhuvana	Bhuvana
15.	21UC0475	N. Deva Shankuni	N. Deva Shankuni
16.	21UC0477	A. Dhanya	A. Dhanya
17.	21UC0476	A. Dhaniya Fathima.	A. Dhaniya Fathima
18.	21UC0481	V. Vinatha	V. Vinatha
19.	21UC0474	V. Deepthi	V. Deepthi
20.	21UC0479	I. Mohamed Al Kathira	I. Mohamed Al Kathira
21.	21UC0478	P. Dhanya	P. Dhanya
22.	21UC0480	M. Aishwarya	M. A.
23.	21UC0459	S. Ayesha begam	S. Ayesha
24.	21UC0457	A. Ayesha banu	A. Ayesha
25.	21UC0458	k. Ayesha Begam	k. Ayesha Begam
26.	21UC0454	J. Asmath Safina	J. Asmath
27.	21UC0456	J. Anaa Fathima	J. Anaa
28.	21UC0452	V. Asina Begam	V. Asina Begam

S.No.	Reg. No.	Name Of The Student	Signature
29	21UC0450	K. Asika Sabreen	K. Asika Sabreen
30	21UC0451	M. Asina Jesima	M. Asina
31	21UC0449	S. Ashika Paveen	S. Ashika
32	21UC0445	S. Asushya Nisha	S. Asushya Nisha
33	21UC0446	M. Asha (POSTUCCO01)	M. Asha
34	21UC0441	A. Arsatb Rose.	A. Arsatb Rose
35	21UC0442	M. Aashla Sulthana	M. Aashla
36	21UC0444	R. Aumthathil.	R. Aumthathil
37	21UC0428	S. Afrin Shekka	S. Afrin Shekka
38	21UC0429	M. Aqsa begam	M. Aqsa
39	21UC0431	S. Aqsa Zainab	S. Aqsa Zainab
40	21UC0425	A. Afiya Tahan	A. Afiya
41	21UC0420	Aayisha Begum M	Aayisha
42	21UC0418	S. Aashika Banu	S. Aashika Banu
43	21UC0417	A. Aasha.	A. Aasha
44	21UC0422	id. idbinaya	id. idbinaya
45	21UC0421	S. ididha parveen.	S. ididha
46	21UC0423	J. idbinaya	J. idbinaya
47	21UC0413	A. Kifaya	A. Kifaya
48	21UC0427	S. Afrin Banu	S. Afrin Banu
49	21UC0432	M. Akshaya	M. Akshaya
50	21UC0430	S. Agulandesurwani	S. Agulandesurwani
51	21UC0434	M. Abitha	M. Abitha
52	21UC0431	J. AISHA JAVARIA	J. Aisha
53	21UC0436	H. Archana	H. Archana
54	21UC0426	S. Afiyah Fathima	S. Afiyah
55	21UC0415	S. Aara Dhillar	S. Aara Dhillar
56	21UC0416	M. AARTHI	M. Arathi
57	21UC0414	A. Aafseen	A. Aafseen
58	21UC0435	R. Anum Nabreena	R. Anum
59	21UC0419	Aashima	Aashima
60	21UC0424	Abitha	Abitha
61	21UC0419	Bhoomika	Bhoomika
62	21UC0424	Abitha	Abitha
63	21UC0433	. Amadul Rahman	. Amadul Rahman
64	21UC0438	M. Arifa Mohamed Farook	M. Arifa
65	21UC0440	M. Arifa Fathima.	M. Arifa Fathima
66	21UC0447	N. Asifa Talwa	N. Asifa Talwa
67	21UC0448	M. Ashifa Sherin.	M. Ashifa Sherin
68	21UC0467	Begam Hassa	Begam Hassa
69			

S.No.	Reg. No.	Name Of The Student	Signature
69	21UC0505	B. Jazera Yasmir	B. Jazera
70	21UC0510	S. Jenath Nisha	S. Jenath
71	21UC0514	A. Jazira Banu	A. Jazira
72	21UC0513	J. Jenitha Haay	J. Jenitha
73	21UC0512	J. Jenifer Samabala	J. Jenifer
74	21UC0517	A. Kathiya Paswin	A. Kathiya
75	21UC0518	P. Karvya	P. Karvya
76	21UC0521	J. Lakshmi	J. Lakshmi
77	21UC0522	G. Latriga	G. Latriga
78	21UC0523	M. Lavanya	M. Lavanya
79	21UC0525	A. Jiji Vinhal	A. Jiji
80	21UC0526	V. Logeshwari	V. Logeshwari
81	21UC0527	T. Malhubala	T. Malhubala
82	21UC0528	S. Maria Jiny	S. Maria
83	21UC0504	S. Jaran	S. Jaran
84	21UC0530	M. Mathika	M. Mathika
85	21UC0531	M. Mathina	M. Mathina
86	21UC0529	M. Masrura	M. Masrura
87	21UC0532	S. Mehar Kumariya	S. Mehar
88	21UC0533	H. Mehta	H. Mehta
89	21UC0534	S. Moganendari	S. Moganendari
90	21UC0536	Mubia Karthikeyan	Mubia
91	21UC0537	Mubeen Fathima	Mubeen
92	21UC0540	B. Muthupriya	B. Muthupriya
93	21UC0541	R. Nadhira	R. Nadhira
94	21UC0542	A. Najia Kausar	A. Najia
95	21UC0543	A. Najeeburisha	A. Najia
96	21UC0544	B. Nardhitha	B. Nardhitha
97	21UC0545	A. Naouheen	A. Naouheen
98	21UC0547	M. Shifara	M. Shifara
99	21UC0548	J. Ifthiha Shaveen	J. Ifthiha
100	21UC0549	A. Sharmila	A. Sharmila
101	21UC0509	J. Jasmine Farween	J. Jasmine
102	21UC0508	S. A. Jasmine Banu	S. A. Jasmine
103	21UC0515	V. Kannika	V. Kannika
104	21UC0503	A. Jai Judeeth Ansiya	A. Jai J An
105	21UC0482	DIVYA	Divya
106	21UC0487	Famida Banu	Famida
107	21UC0492	Fathima Farsana	Fathima
108	21UC0496	Haniya	Haniya
109	21UC0500	Hathuja	Hathuja

S.No.	Reg. No.	Name Of The Student	Signature
110	21UC0502	Irfana Fathima	Irfana Fathima
111	21UC0506	Jasmine	Jasmine
112	21UC0511	Jefina Banu	Jefina Banu
113	21UC0519	Kizulhiga	Kizulhiga
114	21UC0520	Lakshana Priya	Lakshana Priya
115	21UC0524	Lakshanya	Lakshanya
116	21UC0535	Monalloga	Monalloga
117	21UC0538	Hubeona Begum. H	Hubeona Begum. H
118	21UC0539	Hubeona Begum. A	Hubeona Begum. A
119	21UC0546	Thasbika Banu	Thasbika Banu
120	21UC0550	Rakshitha	Rakshitha
121	21UC0486	Fahima Manaal. P	Fahima Manaal. P
122	21UC0485	Fahema	Fahema
123	21UC0488	Fairese Barhana	Fairese Barhana
124	21UC0483	Divyashree.	Divyashree.
125	21UC0484	S. Fagumitha	S. Fagumitha
126	21UC0493	S. Fazila Farhana	S. Fazila Farhana
127	21UC0494	T. OULSHAN BEGUM	T. OULSHAN BEGUM
128	21UC0495	M. Habeebunisa	M. Habeebunisa
129	21UC0490	K. Fameda Parveen	K. Fameda Parveen
130	21UC0497	K. Harini	K. Harini
131	21UC0498	S. Harini sri	S. Harini sri
132	21UC0501	S. Hemalatha.	S. Hemalatha.
133	21UC0595	Ridhi Khatri	Ridhi Khatri
134	21UC0601	Rajamma P	Rajamma P
135	21UC0596	Rishaka banu	R. Rishaka
136	21UC0551	Nargees banu	N. B
137	21UC0602	R. Rollini	Rok
138	21UC0574	N. Poorika.	N. Poorika.
139	21UC0553	S. Musseema Banu	S. Musseema Banu
140	21UC0599	A. Pizwara Begum	A. Pizwara Begum
141	21UC0601	M. T. Rajamma	M. T. Rajamma
142	21UC0579	R. Priyanka	R. Priyanka
143	21UC0603	M. Roseha, banu	M. Roseha banu
144	21UC0604	A. Roshniya	A. Roshniya. A
145	21UC0607	M. Rukhsar Musukka	M. Rukhsar Musukka
146	21UC0605	J. Ruhina	J. Ruhina
147	21UC0618	Mubeena Begam	Mubeena Begam
148	21UC0608	M. Saboun Banu	M. Saboun Banu
149	21UC0609	Safin Banu	Safin Banu
150	21UC0610	A. Saleena	A. Saleena

S.No.	Reg. No.	Name Of The Student	Signature
191	21000621	A. Sarjunisha	A. Sarjun
192	21000622	S. Sarithoj	S. Sarithoj
193	21000623	S. Sarubala	S. Sarubala
194	21000624	S. Saumathi	S. Saum
195	21000625	V. Selva Nageswari	V. Selva Nageswari
196	21000626	M. Shajin Fatima	M. Shajin Fatima
197	21000627	S.Y. Shahin Bee	S.Y. Shahin Bee
198	21000628	A. Shalitha	A. Shalitha
199	21000629	R. Shalini	R. Shalini
200	21000631	R. Shameena	R. Shameena
201	21000632	A. Shameera Lakshana	A. Shameera Lakshana
202	21000633	A. Shamitha Banu	A. Shamitha Banu
203	21000635	M. Shanofar Begam	M. Shanofar Begam
204	21000637	P. Shanika	P. Shanika
205	21000638	B. Shoba Maya Runcy	B. Shoba Maya Runcy
206	21000639	A. Sheerin Banu	A. Sheerin Banu
207	21000640	A. Shifara Begam	A. Shifara Begam
208	21000641	J. Shifara Jasmine	J. Shifara Jasmine
210	21000642	A. Shifara Parveen	A. Shifara Parveen
211	21000643	J. Shifara Banu	J. Shifara Banu
212	21000644	P. Shri Nandhini	P. Shri Nandhini
213	21000645	S. Sindhu	S. Sindhu
214	21000646	M. Sneka	M. Sneka
215	21000647	A. Sneha Parveen	A. Sneha Parveen
216	21000648	Sona Baxax. S	Sona Baxax. S
217	21000651	Subhana. Banu. A	Subhana. Banu. A
218	21000652	SUBASHINI. S	S. Subashini
219	21000653	Subhalakshmi. D.	Subhalakshmi. D.
220	21000654	J. Sumaya Banu	J. Sumaya Banu
221	21000655	M. Sumaiya Begam	M. Sumaiya Begam
222	21000656	A.R. SUMAIYA HANATHIA	A.R. SUMAIYA HANATHIA
223	21000657	S. Sumaiya Kathiya Rai	S. Sumaiya Kathiya Rai
224	21000658	P. Surya	P. Surya
225	21000659	A. Suzana Azmi	A. Suzana Azmi
226	21000660	S. Swathi	S. Swathi
227	21000661	S.M. Swathi	S.M. Swathi
228	21000662	J. Swetha	J. Swetha
229	21000663	K. Swetha	K. Swetha
230	21000664	S. Syed Hafeem	S. Syed Hafeem
231	21000665	S. Sythanee	S. Sythanee
232	21000666	S. Taufika Banu	S. Taufika Banu

S.No.	Reg. No.	Name Of The Student	Signature
233	21UC0667	R.D. Teja Sri	Teja Sri
234	21UC0668	H. Thassem	H. Thassem
235	21UC0669	R. Thishana	R. Thishana
236	21UC0671	S. vaishnavi	Vaishnavi
237	21UC0672	V. Vaishnavi	V. Vaishnavi
238	21UC0673	V. Vakshana	V. Vakshana
239	21UC0674	SVARSHA	SVARSHA
240	21UC0675	P. veena dhanthi	P. Veena
241	21UC0676	P. vinodhini	P. Vinodhini
242	21UC0678	B. Yuvabharathi	B. Yuvabharathi
243	21UC0679	J. Sabarnisha Begam	J. Sabarnisha Begam
244	21UC0684	P. Kanishka	P. Kanishka
245	21UC0685	Sabeena Banu	Sabeena Banu
246	21UC0686	S. Jeyashri	S. Jeyashri
247	21UC0687	K. Mathumitha	K. Mathumitha
248	21UC0688	Noora J	Noora J
249	22PC0062	S. Ashikha	S. Ashikha
250	22PC0063	M. Abarna	M. Abarna
251	22PC0064	G. Athinaya	G. Athinaya
252	22PC0065	A. Shaikha	A. Shaikha
253	22PC0066	M. Ashika	M. Ashika
254	22PC0067	M. Asmath Banu	M. Asmath Banu
255	22PC0068	Bhavani V	Bhavani V
256	22PC0069	Baindha K	Baindha K
257	22PC0070	K. Venkateswari	K. Venkateswari
258	22PC0071	Hajira chaburamma	Hajira chaburamma
259	22PC0072	Hajira Begum S	Hajira Begum S
260	22PC0073	Hasviya Banu	Hasviya Banu
261	22PC0074	Kalaiarasai	Kalaiarasai
262	22PC0075	Katija Aafin	Katija Aafin
263	22PC0076	Ladgetha J. F	Ladgetha J. F
264	22PC0077	Latha P.S	Latha P.S
265	22PC0078	R. Mahalakshmi	R. Mahalakshmi
266	22PC0079	Majahira M	Majahira M
267	22PC0080	Niranjana K	Niranjana K
268	22PC0081	Nithya C	Nithya C
269	22PC0082	NIVETHA MU	MU Nivetha
270	22PC0083	Parimala K	Parimala K
271	22PC0084	B. Pavithra	B. Pavithra
272	22PC0085	Pavithra S	Pavithra S
273	22PC0086		

